

QUALIFIED MENTAL HEALTH PROFESSIONAL (QMHP) ELIGIBLE PROCEDURES

Description: Per the Department of Medical Assistance Services' (DMAS) July 23, 2010 Special memos regarding Changes to Children and, Changes to Adult Community Mental Health Rehabilitation Services (replacing the June 9, 2010 memo), a **new QMHP Eligible Category** has been created, effective September 1, 2010.

This category was created to afford staff who have a bachelor's degree, and do not currently meet criteria for QMHP, to be able to provide services and gain clinical experience under the supervision of a Licensed Mental Health Professional (LMHP). Staff must have the following credentials in order to participate under this QMHP Eligible category:

- A bachelor's degree in a human services or related field from an accredited college, without one year of clinical experience. **or**
- A bachelor's degree from an accredited college in an unrelated field and is enrolled in a Master's or Doctoral clinical program and is actively taking at least 3 credits per semester.

Only one QMHP eligible staff will be allowed for each full-time licensed staff. The number of QMHP eligible staff must not exceed five (5) percent of total clinical staff in the agency.

Procedures:

- The QMHP eligible staff will have a minimum of one (1) hour of clinical supervision provided by a Licensed Mental Health Professional and documented on the **Monthly Log of Supervision and Training Hours for QMHP Eligible Staff.**
- The notes of the supervision shall be maintained by the supervising LMHP.
- The QMHP eligible staff will have a minimum of one (1) monthly training (which cannot be duplicative of supervision time) and shall be documented on the **Monthly Log of Supervision and Training Hours for QMHP Eligible Staff.**
- The original form containing one month of supervision and one training topic for that month is to be forwarded to the Human Resources Department at the end of each month. A

copy of the Monthly Log is to be maintained by the LMHP providing supervision.

Areas of training may include:

- Virginia's Model and philosophy of care
- Orientation to agency partners and staff roles
- Family and youth engagement
- Family and youth-driven services
- Assessment
- Case Conceptualization
- Strength-based Service Planning
- Effective Communication skills
- Building bridges with other clinicians, agencies, advocacy groups
- Counseling Skills
- Family communication and organizational skill training
- EBPs-Effective Treatment strategies for populations served
- Clinical documentation skills
- Key Elements of Care Coordination
- Crisis Intervention Skills
- Trauma-focused Care
- Identifying and building natural supports
- Cultural and Linguistic Competence
- Treatment of Co-occurring disorder, as well as MH disorders
- Approaches to working with Lesbian, Gay, Bi-sexual populations
- Effective treatment of persons involved with the Juvenile Justice system
- Professional Development and self care
- Managing Transitions
- Confidentiality
- Ethics